

Register Today!

The Community is the Medicine: A Culturally Rooted Approach to Wellness

~Facilitated by Dr. Darien Thira, PhD and Reg. Psych.

June 28 – 29, 2018

Terrace, British Columbia

Best Western Terrace Inn – 4553 Creig Avenue, Terrace, BC – Ph: (250) 635-0083 or 1-866-238-4218

Room rate: \$116.99 + 13% tax (includes hot buffet breakfast with omelet station)

ABOUT THIS WORKSHOP: The Indigenous community is often understood to be in a mental health crisis. This workshop will redefine issues, such as suicide, violence and addiction as a community crisis with a social cause and cultural “cure,” one rooted in Traditional values. Participants will have the opportunity to identify and then explore that four-factor “cure” utilizing an Indigenous resilience model designed to assist people to become the Elders they are meant to become. A balance of values that are essential to healthy personal and professional relationships will be reviewed and relevant techniques will be practiced. Finally, a 3-part process to decolonize ourselves and our practice will be explored. The result will be a deeper understanding of the source of community problems and a culturally-rooted approach to wellness and a greater capacity to heal oneself, one’s family, clients and the community.

ABOUT DR. DARIEN THIRA, PhD, Reg. Psych.: Dr. Darien Thira serves as a community development/mental health consultant for many Aboriginal communities across Canada. He is an adjunct faculty member at the Adler School of Professional Psychology. His doctoral dissertation related to Aboriginal suicide resilience and social activism and he was involved in further resilience research at the University of British Columbia. He has previously served as a clinician with suicidal youth at Child and Youth Mental Health and as the Director of Community Education and Professional Development at the Vancouver Crisis Centre. In relation to suicide prevention, “Through the Pain”, a culturally driven community-based program has been used in over 40 Aboriginal communities across the country and as a national program in Australia. His program called “Opening the Circle” is designed to assist communities to develop their own crisis response team. “Choices”, his youth suicide awareness education video & seminar was used by more than 250 suicide prevention programs world-wide and he has collaborated on the production of a new version called “Reaching Out”.

FEE: \$595.00 + 5% GST = \$624.75

*No refunds within seven business days of the event. Substitutions are permitted. W. Zarchikoff & Associates and Stratcom reserve the right to change program content and cancel events. Registrants will be notified at the earliest possible date in the event of a cancellation. Registration fees for events that we cancel will be refunded; however, we will not be liable for any loss, damages or other expenses that such cancellations may cause. GST Registration Number 86939 6309 RT0001.

REGISTRATION INFORMATION: To register, FAX this form to Rebecca Marinos at (650) 513-2020 or email it to rebecca@rebeccamarinos.com. You can obtain additional program at www.aboriginaltrainingandconsultingservices.com.

Location _____
First Name _____ Last Name _____
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PAYMENT INFORMATION

Payment Type: Check MasterCard Visa Total Amount Owing: _____
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MAIL CHECKS TO: W. Zarchikoff & Associates - #112, 19899 55A Avenue, Langley, BC V3A 0C4

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