

**8<sup>th</sup> Annual Mental Health Conference**  
**“Promoting the Journey of Healing For:  
Aboriginal Communities, the Criminal  
Justice System, Children & Youth”**

Sponsored by:  
**Mood Disorders Association of Manitoba**

Website: [www.mdam-mental-health-conference.com](http://www.mdam-mental-health-conference.com)

**When & Where**

**March 21 – 23, 2018**  
**Canad Inns Destination Centre Polo Park**  
**Winnipeg, Manitoba**

1405 St. Matthews Ave, Winnipeg, MB. Tel: (204) 775-8791  
[www.canadinns.com/stay/polo-park/home](http://www.canadinns.com/stay/polo-park/home)

Use the code **2018 Mental Health Conference** to get the discounted room rate of \$119/night. You must reserve your room before February 19 to guarantee this rate.

You are invited to attend the upcoming National Mental Health Conference! This is the 8th year that the Mood Disorders Association of Manitoba has sponsored this conference, and we are looking forward to a fantastic event. This event is always particularly good due to the mixed group of participants who attend each year, the hands-on approach to learning, and the amazing speakers who come to share their knowledge and experience.

**Keynote Speakers**

**Timea Eva Nagy**

Survivor, Speaker and Social Advocate on Behalf of Human Trafficking Victims

**Dr. Michael A. Hart, BSW, BA, MSW, PhD**

Associate Professor  
Canada Research Chair in Indigenous Knowledges and Social Work  
University of Manitoba

**Dr. John Walker**

Professor, Department of Clinical Health Psychology  
University of Manitoba  
Director, Anxiety Disorders Program  
Saint Boniface General Hospital

**Ed Mantler, RPN, MSA, CHE**

Vice President, Program and Priorities  
Mental Health Commission of Canada

**Senator Kimberly Pate**

Senate of Canada  
Ottawa, Ontario

**Performer Laura Burke**

Drama therapist, counsellor, researcher and public speaker  
Halifax, Nova Scotia

\*Each Keynote Speaker will also offer a small-group breakout session in the afternoon following the plenaries to allow for deeper discussion and questions around each topic.

**PRE-CONFERENCE WORKSHOPS & BREAKOUT SESSIONS**

Delegates can choose to attend one of four optional pre-conference workshops on Wednesday, March 21. During the conference, there will be six plenary sessions, and a choice of 12 breakout sessions for delegates to attend. With time for networking, meaningful conversations, and all-around excellent presentations, delegates will walk away from this conference feeling renewed, motivated and cared for. In addition to the exemplary Keynote speakers and informative breakout sessions, we also offer a hosted lunch followed by an entertaining, yet realistic, one-act play about surviving life with mental health issues.

**WHO SHOULD ATTEND**

Mental health professionals, educators, front-line workers, administrators, criminal justice personnel, social workers, law enforcement officers, corrections staff, psychologists, counsellors, therapists, youth workers, anyone interested in or working within the mental health field, working with youth or working with Indigenous communities. This is an open forum with something for everyone.

**ABOUT MOOD DISORDERS ASSOCIATION OF MANITOBA**

**Our Mission**

Helping Ourselves, Helping Others. The Mood Disorders Association of Manitoba is a self-help organization dedicated to providing support, education and advocacy for those living with a mood disorder, co-occurring disorders or other mental health illnesses. We increase public awareness about mood disorders and empower people to develop hope and recovery. Help yourself or those you love in hope and recovery from mood disorders.

**Our Vision**

To build an understanding community in the awareness of mood disorders through providing support and recovery to those living with mood disorders. We strive to be a centre of excellence for grassroots community mental health in an open yet confidential atmosphere.

**CONFERENCE CONTACT INFORMATION**

Contact Information: W. Zarchikoff & Associates – 112, 19899 55A Avenue – Langley, BC V3A 0C4 – Ph: (650) 888-2654 – Fax: (650) 513-2020 – Email: [rebecca@rebeccamarinos.com](mailto:rebecca@rebeccamarinos.com) – Website: [www.mdam-mental-health-conference.com](http://www.mdam-mental-health-conference.com)

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**DISCOUNT RATES**

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment

**REGISTRATION FEE INCLUDES**

Training materials, certificate of completion, morning coffee, snacks and refreshment breaks plus one hosted lunch. Fee does not include travel or accommodations.

**CONTINUING EDUCATION CREDITS**

Many accrediting organizations recognize this, and other, events. Upon completion of the workshop and receipt of a Certificate, you may approach any of the following, plus others, to request continuing education credits:  
 Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). The number of course credits will vary for each event.

**TERMS & CONDITIONS**

Our liability is limited to refunds for conference fees only. W. Zarchikoff & Associates reserves the right to cancel an event. Please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for conference fees only. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please email us.

**CANCELLATION POLICY:** All cancellations for any workshop, forum, or conference must be submitted by email to [rebecca@rebeccamarinos.com](mailto:rebecca@rebeccamarinos.com). Non-attendance at an event will not be grounds for any or partial refund /credit under any circumstances.

**REFUND OPTIONS:** 14 business days or more prior to the event: refund, minus a \$100 administration fee. Less than 14 business days prior to the event: credit to a future event, minus a \$100 administration fee. Less than one week prior to the event: no refund or credit under any circumstances will be available.

**CERTIFICATES:** Provided to attendees by email.

**RECEIPTS:** Sent by email once your registration has been processed.

**CONTACT INFORMATION**

Name \_\_\_\_\_

Position \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

**SELECT APPLICABLE FEE (total in parenthesis includes 5% GST)**

Choose Option	Individual	Group 3 – 7	Group 8 – 14	Group 15+	FT Student*
Conference PLUS Pre-conference Workshop	<input type="checkbox"/> \$750 (\$787.50)	<input type="checkbox"/> \$700 (\$735.00)	<input type="checkbox"/> \$650 (\$682.50)	<input type="checkbox"/> \$600 (\$630.00)	<input type="checkbox"/> \$600 (\$630.00)
Conference Only	<input type="checkbox"/> \$500 (\$525.00)	<input type="checkbox"/> \$450 (\$472.50)	<input type="checkbox"/> \$400 (\$420.00)	<input type="checkbox"/> \$375 (\$393.75)	<input type="checkbox"/> \$375 (\$393.75)
Pre-Conference Only	<input type="checkbox"/> \$250 (\$262.50)	<input type="checkbox"/> \$235 (\$246.75)	<input type="checkbox"/> \$220 (\$231.00)	<input type="checkbox"/> \$199 (\$208.95)	<input type="checkbox"/> \$199 (\$208.95)

**PAYMENT OPTIONS: Visa, MasterCard, Check**

Credit Card# \_\_\_\_\_ Expiry \_\_\_\_/\_\_\_\_

Cardholder Name \_\_\_\_\_

Check # \_\_\_\_\_

**Mail payment to:**

W. Zarchikoff & Associates  
 112, 19899 55A Avenue  
 Langley, BC V3A 0C4  
 PH: (604) 970-3419 FAX: (604) 530-3841  
 EMAIL: [wzarchikoff@gmail.com](mailto:wzarchikoff@gmail.com)

**Payable to W. Zarchikoff & Associates**

**Fax/email registration forms to:**

Rebecca Marinos, Conference Manager  
 PH: (650) 888-2654 FAX: (650) 513-2020  
 EMAIL: [rebecca@rebeccamarinos.com](mailto:rebecca@rebeccamarinos.com)  
[www.mdam-mental-health-conference.com](http://www.mdam-mental-health-conference.com)

**Contact Rebecca Marinos for all conference-related questions.**

**Conference Sponsored By:**



**Mood Disorders**  
ASSOCIATION OF MANITOBA

*Helping people help themselves*

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