

2022 MENTAL WELLNESS, ADDICTIONS AND HEALING WORKSHOP PROMISING RESPONSES THROUGH AN INDIGENOUS LENS

- CHILD AND YOUTH MENTAL WELLNESS: INTRODUCTION OF CURRENT ISSUES
- CHILD AND YOUTH MENTAL WELLNESS, ADDICTIONS AND HEALING THROUGH AN INDIGENOUS LENS
- NARRATIVE THERAPY: STORYTELLING AND THE USE OF THE MEDICINE WHEEL TEACHINGS

MAY 19, 2022

**BEST WESTERN PLUS WINNIPEG AIRPORT HOTEL
WINNIPEG, MANITOBA, CANADA**

PRESENTED BY

W. ZARCHIKOFF & ASSOCIATES
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THURSDAY, MAY 19, 2022

TIME	ACTIVITY
0830 - 0900	Registration
0900 - 0915	Welcome, Introductions and Opening Remarks

Territorial Acknowledgments

We would like to respectfully acknowledge that the land on which we gather is situated in the Treaty 1 territories, the ancestral and traditional homeland of Anishinaabe peoples, encompassing the Anishinaabeg, Cree, Dakota, Dene, Métis, and Oji-Cree Nations.

Facilitator: Ernie Cardinal, B.A. CYCC: Youth Manager and Indigenous Cultural Liaison Advisor for Spirit of the Children Society, New Westminster, British Columbia. He originates from the Sucker Creek First Nations, Alberta, a part of the Cree Nation. He is an Indigenous Knowledge Keeper, Traditional Storyteller, and Cultural Facilitator. He is skilled in leading Healing Circles, facilitating the Aboriginal Family Healing Court Conference, and running psychoeducational groups and Traditional Parenting Programs.

0915 - 1030	Child and Youth Mental Wellness: An introspection of current issues and the marginalization caused by systematic racism: Truth & Reconciliation, MMIW, The Moose Hide Campaign, Orange Shirt and 215 movement.
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This session will introduce some of the current Indigenous issues that put stressors onto today's populace in Canada, both in the racialized communities and the effects that ripple into mainstream society. This will give us a better understand of indigenous child and youth mental wellness, through an Indigenous lens. This session will be a personal storytelling of a life of an Aboriginal person in Canada.

1030 - 1045	Tea and Coffee Service
1045 - 1200	Child and Youth Mental Wellness, Addictions and Healing Through an Indigenous Lens

This session is an overview of child & youth mental health and addictions, -Co-Occurring Disorders and healing that are perceived through an Indigenous lens. The major differences and similarities between an Indigenous perspective and Western World view will be examined.

1200 - 1330	No-Host Lunch
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THURSDAY, MAY 19, 2022 - CONTINUED

TIME

ACTIVITY

1330 - 1545

Narrative Therapy: Storytelling and the Use of the Medicine Wheel Teachings

Ernie will show Cree medicines from each quadrant of the medicine wheel. The participants will be able to smell and touch all medicines while he explains the cultural importance of each medicine. He will end with a traditional story that incorporates the medicine teaching. This will close with a follow-up and an open discussion from the morning's storytelling of Indigenous issues.

1545 - 1600

Closing and Evaluations

Your comments and suggestions are very important to us. Please take a moment to complete the evaluation form located in your workshop folder. Thank you

W. Zarchikoff & Associates and Stratcom Consulting would like to acknowledge that the workshop is being presented on Treaty 1 Territory in Manitoba, the heart of Turtle Island; where the Anishinaabe, Cree, Oji-Cree, Dene & Dakota reside and Homeland of the Metis Nation.

MANAGEMENT INFORMATION

Contact: W.W. (Bill) Zarchikoff

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CANCELLATION POLICY

Registrations cancelled 7 or more days prior to the workshop are refundable, minus \$50.00 administrative fee. or you may receive a full credit to attend a future training. Cancellations less than 7 days prior to the workshop are non-refundable. If at any time you are unable to attend, you are welcome to transfer your registration to another individual at no extra cost. In this case, please notify us of the name of the alternate person who will be attending.

If you register and do not attend without prior notification, you will be charged for the full amount of the registration fee.

We reserve the right to cancel workshops due to unforeseen circumstances or under-enrolment. Liability is limited to a refund of workshop fees only. Please make travel arrangements with this in mind.

LIMITED SEATING

Register early! To better facilitate group interaction, seating is limited in most workshops. Children and unregistered guest are not permitted in the meeting rooms.

YOU WILL RECEIVE

All training material associated with this course, a workshop Certificate of Completion. The Certificate of Completion will allow you to apply for course credit at various credit issuing organizations.

REGISTRATION INFORMATION

If you do not have a registration form, you can download one from our website, www.aboriginaltrainingandconsultingservices.com or contact us by phone (See above contact numbers). We accept payment by Visa, Mastercard, check, purchase orders or cash. Onsite registration is allowed, providing there is space, but we encourage you to register in advance in order to be notified of any potential changes (See above Cancellation Policy).

ONSITE TRAINING OPTIONS

If you are interested in bringing this, or other training opportunities to your community, please contact W.W. (Bill) Zarchikoff to get more information (contact information above).