

***Gender Matters: Addiction and Recovery Training For  
Those Working With Criminal Justice Involved Women***

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December 5 – 6, 2018

Canad Inns Destination Centre Polo Park

Winnipeg, Manitoba

***Presented by:***

***W. Zarchikoff & Associates and***

***Stratcom Consulting***

***Sponsored by:***

***Mood Disorders Association of Manitoba***



**Mood Disorders**  
ASSOCIATION OF MANITOBA

***Helping people  
help themselves***



*2018 Health and Education Forum*

## ***Gender Matters: Addiction and Recovery Training For Those Working With Criminal Justice Involved Women***

### **Training Goals**

The primary goals of the program are to provide criminal justice, mental health, and substance abuse treatment professionals with up-to-date information regarding gender-responsive treatment for criminal justice involved women. Information on women's needs, setting and implementation of gender-responsive treatment interventions will be provided.

### **Trainer**

Nena Messina, Ph.D. Dr. Messina is a Criminologist at UCLA Integrated Substance Abuse Programs and has been involved in substance abuse research for over 20 years. Dr. Messina's areas of expertise include the specialized treatment needs of women offenders with co-occurring disorders and the association between crime, mental health, and substance abuse.

### **Audience**

A wide audience can benefit from the program including criminal justice officials, newly implemented treatment program personnel, provincial and federal mental health and social service professionals. The program is also beneficial to existing treatment programs seeking to increase staff skills on gender-responsive interventions and improve their outcomes with women. In addition, correctional setting staff will also benefit from the training to increase their understanding of the complex issues surrounding the supervision of incarcerated women.

### **Course Objectives**

The program will raise awareness of the complex needs of women involved in the criminal justice system through an in-depth description of women's pathways to addiction and crime and their patterns of recovery; a discussion of a trauma and PTSD and the related behavioral, physical and mental health issues associated with such trauma; a clear description of the unique threats to women's overall health and wellbeing as a result of incarceration or involvement with the criminal justice system; a set of principles that provide a framework for the delivery of effective interventions supporting recovery.

### **Comprehensive Training Modules**

A growing body of knowledge and research indicates that substance abuse in women and the issues surrounding their abuse differ from men. Substance abuse in women has a distinct etiology, progression, and concomitant treatment needs. These findings are providing critical information on treatment interventions, policies and organizational structures that meet the specialized needs of women offenders in particular. Gender-Responsive Treatment is now considered a "Best Practice" in helping women in and through recovery. This program was designed specifically to assist professionals in the development of effective treatment programs, criminal justice supervision, and services for women.

## **Day1: Wednesday, December 5**

**8:00AM – 9:00AM**

**Registration and Refreshments**  
**Location: Lobby Area – Ambassador K**

**9:00AM – 9:15AM**

**Introductions and Opening Remarks**  
**Convener: Tara Brousseau Snider, Executive Director**  
**Mood Disorders Association of Manitoba**

**9:00AM – 4:00PM**

**Workshop Day 1**

A morning and an afternoon health & nutrition break will be offered as well as a time for no-host lunch.

### **INTRODUCTION**

The first day of training will consist of three modules including the population of women, their specific needs, and the empirical evidence supporting that information, criminal justice policies past and current, and an in-depth description of the theory and definition of gender-responsive and trauma-informed services.

### **MODULE 1: WOMEN IN THE CRIMINAL JUSTICE SYSTEM**

- Changing criminal justice policies which resulted in a rapid influx of women into the system
  - What stigma is associated with women in the criminal justice system?
- Women in the criminal justice system, their histories of trauma and abuse, the impact of those histories, their treatment needs, and how they differ from their male counterparts
- Overview of research evidence substantiating the complex needs and potential for recovery of women offenders

#### **Learning Objectives**

Participants completing Module 1 will be able to:

- Understand the changing criminal justice policies and consequence to women
- Understand the pathways to substance abuse and crime in women
- Describe how the issues surrounding women's patterns of offending and addiction differ from men
- Explain the physical, emotional, psychological, and social consequences of addiction and criminal justice involvement
- Identify the specific characteristics of women offenders with substance abuse problems as posited by research evidence

*Wednesday, December 5 Continued...*

## **MODULE 2: GENDER-RESPONSIVE TREATMENT AND THEORY**

- Rational for gender-responsiveness
- Definitions of gender-responsiveness and trauma-informed services
- Guiding principles

### **Learning Objectives**

Participants completing Module 2 will be able to:

- Understand the meaning of gender-responsiveness and trauma-informed services,
- Learn about the importance of theory and the specific theory underlying the development of some of the curricula for women,
- Understand the principles underlying gender-responsiveness, and;
- Explain critical areas of focus that should be included in treatment programs.

## **MODULE 3: GENDER-RESPONSIVE TREATMENT EVIDENCE**

- Existing evidence and outcomes
- Specific components associated with positive outcomes
- Participant stories

### **Learning Objectives**

Participants completing Module 3 will be able to:

- Understand the significance of science and evaluation related to their programs, policies, and procedures,
- Understand Best Practices versus Evidenced Based Practices,
- Identify empirically validated treatment components that are successful with this population; and
- Discuss a model of care which includes after-care and other relevant patient resources.

## **SUMMARY AND REVIEW**

- At the end of the day, there is a summary which highlights the main points of the modules
- Provide Handout “What We Know Now” and “Relational-Cultural Theory”.
- Participants will have an opportunity to ask questions and to review the information presented

## **Day 2: Thursday, December 6**

**9:00AM – 4:00PM**

### **Workshop Day 2**

A morning and an afternoon health & nutrition break will be offered as well as a **hosted lunch**.

### **INTRODUCTION**

The second day of training will consist of three modules primarily focusing on empirical evidence for gender-responsive treatment program outcomes, whether in the community or in prison. Additionally, existing gender-responsive and trauma-informed curricula will be presented for treatment programs that are interested in incorporating appropriate curricula for women.

### **MODULE 4. EXISTING MODELS/TREATMENT CURRICULA FOR WOMEN AND TRAUMA**

- Helping Women Recover (Covington, 1998)
- Beyond Trauma (Covington, 2003)
- Seeking Safety (Najavits, 2002)
- Trauma Recovery and Empowerment Model (Harris, 1998)
- Challenges to implementing new practices

#### **Learning Objectives**

Participants completing Module 4 will be able to:

- Learn about existing treatment program models for women and the empirical evidence supporting those models,
- Understand how to access training for these programs,
  - Who is currently delivering these types of curricula?
- Learn about the challenges and barrier to incorporating new curricula into existing programs and settings.
  - What are the challenges participants have experienced?

### **MODULE 5. CRIMINAL JUSTICE SUPERVISION & EXPECTATIONS FOR RECOVERY**

- Criminal justice intervention and points of contact
- Community supervision vs. incarceration
- Multiple system involvement and risk factors

*Thursday, December 6 Continued...*

### **Learning Objectives**

Participants completing Module 5 will be able to:

- Understand how changing criminal justice policies affect available treatment for women,
- Define appropriate program settings and procedures for women offenders,
- Understand the difficulty for women offenders engaged in multiple systems with multiple hurdles to overcome.

### **MODULE 6. CREATING A GENDER-RESPONSIVE MODEL OF CARE**

- Treatment standards and core competencies
- Interagency collaboration and community partners

### **Learning Objectives**

Participants completing Module 6 will be able to:

- Participants will understand and be able to explain the multiple issues women face in recovery and the importance of a comprehensive and integrated approach to these issues
- Participants will gain an understanding of the competencies, training, and supervision needed to conduct specialized treatment services
- Participants will be able to identify concerns about their role and ways to obtain additional information, support, and or training.

### **SUMMARY AND REVIEW**

- At the end of the day, there is a summary which highlights the main points of the modules
- Provide Handout “What We Know Now” and “Relational-Cultural Theory”.
- Participants will have an opportunity to ask questions and to review the information presented

### **CLOSING AND EVALUATIONS**

Please complete the form evaluation provided in the registration packet.

## Management Information

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Website: [www.aboriginaltrainingandconsultingservices.com](http://www.aboriginaltrainingandconsultingservices.com)

### W. Zarchikoff & Associates

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### Stratcom Consulting

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## Charity Information

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### MOOD DISORDERS ASSOCIATION OF MANITOBA

#### Our Mission

Helping Ourselves, Helping Others. The Mood Disorders Association of Manitoba is a self-help organization dedicated to providing support, education and advocacy for those living with a mood disorder, co-occurring disorders or other mental health illnesses. We increase public awareness about mood disorders and empower people to develop hope and recovery. Help yourself or those you love in hope and recovery from mood disorders.

#### Our Vision

To build an understanding community in the awareness of mood disorders through providing support and recovery to those living with mood disorders. We strive to be a centre of excellence for grassroots community mental health in an open yet confidential atmosphere.

**Contact**

Tara Brousseau Snider  
Executive Director

Email: [TaraS@mooddisordersmanitoba.ca](mailto:TaraS@mooddisordersmanitoba.ca)

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1-800-263-1460

## ***Policies & Other Information***

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### **DISCOUNT RATES**

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment

### **REGISTRATION FEE INCLUDES**

Training materials, certificate of completion, morning coffee, snacks and refreshment breaks. Lunches are included only as noted in the agenda.

### **CONTINUING EDUCATION CREDITS**

Many accrediting organizations recognize these, and other, workshops. Upon completion of the workshop and receipt of a Certificate, you may approach any of the following, plus others, to request continuing education credits: Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). The number of course credits will vary for each event.

### **TERMS & CONDITIONS**

Our liability is limited to refunds for workshop fees only. W. Zarchikoff & Associates reserves the right to cancel an event. Please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for workshop fees only. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please email us.

**CANCELLATION POLICY:** All cancellations for any workshop, forum, or conference must be submitted by email to [wzarchikoff@gmail.com](mailto:wzarchikoff@gmail.com). Non-attendance at an event will not be grounds for any or partial refund /credit under any circumstances.

**REFUND OPTIONS:** 14 business days or more prior to the event: refund, minus a \$100 administration fee. Less than 14 business days prior to the event: credit to a future workshop, minus a \$100 administration fee. Less than one week prior to the event: no refund or credit under any circumstances will be available.

**CERTIFICATES:** Provided to attendees by email.

**RECEIPTS:** Sent by email once your registration has been processed.

### **CUSTOMIZED COURSES**

We can offer this workshop in your community or customize a course that meets your specific needs. Contact us for further information. Check out our website for a full listing of events.