

“3-Day Aboriginal Trauma Informed Skill-Building Workshop: Walking the Four Paths of Healing to Wellness”

Facilitated by Dr. Darien Thira, Reg. Psych.

About this Course

Despite compassion and commitment, many front-line workers and counsellors are asked to provide healing services for which they have not received training. And many basic training programs have encouraged a focus on their client’s problems as opposed to enhancing their client’s personal and cultural/community wellness. This 3-day intensive workshop will offer participants the opportunity to develop a vision of wellness and hands-on training in techniques that move “beyond the basics”—developing powerful healing skills that are both simple and practical. This course is an opportunity to learn and practice culturally-sensitive counselling approaches and techniques that will assist Aboriginal clients as they travel their journey from trauma to wellness.

Topics include:

- Traditional Values and Colonization
- Resilience & Wellness
- Balance and Wellness
- The Community is the Medicine
- Understanding Grief and the Biology of Trauma
- Personal and Community Trauma
- Responding to Trauma
- The Four Paths of Healing and Grieving
- Growth Techniques
- Cleansing Techniques
- Transcendence Techniques
- Four Steps of Healing

LOCATIONS & DATES (Check the location/date of your choice)

_____ May 12 – 14 @
Heritage Inn Hotel &
Convention Centre,
Saskatoon, Saskatchewan

_____ June 9 – 11 @ The
Victoria Inn Hotel &
Conference Centre, Winnipeg,
Manitoba

FEE: \$750.00 + GST (\$787.50)

GST Registration Number 86939 6309 RT0001.

*Registrations cancelled 7 or more days prior to the workshop are refundable, minus a \$75.00 administrative fee. Alternatively you may receive a credit to attend a future training. Cancellations less than 7 days prior to the workshop are non-refundable. You are welcome to transfer your registration to another individual at no extra cost, just please let us know. We reserve the right to cancel workshops due to unforeseen circumstances or under-enrolment. Liability is limited to a refund of workshop fees only. Please make travel arrangements with this in mind.

REGISTRATION INFORMATION: To register, FAX this form to Rebecca Marinos @ (650) 513-2020. We will send you a confirmation email and program information. You can also obtain a full program at www.aboriginaltrainingandconsultingservices.com/home.

First Name _____ Last Name _____

Title _____ Organization _____

Address _____

Phone _____ Fax _____ Email _____

PAYMENT INFORMATION

Payment Type: _____ Check _____ MasterCard _____ Visa _____ Person responsible for payment: _____

Credit card # (if applicable) _____ Expiration: _____

MAIL CHECKS TO: W. Zarchikoff & Associates - #112, 19899 55A Avenue, Langley, BC V3A 0C4

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